

# LOUISIANA HOT SAUCE

## (My little Jalapeno)



Chorégraphes : Joanne BRADY ] Hockessin, DELEWARE - USA  
 Gordon ELLIOT ] Erskineville - AUSTRALIE  
 Max PERRY ] Ocala , FLORIDE - USA  
 Jo THOMPSON ] Highlands Ranch, COLORADO - USA

**1996**

LINE Dance Cajun Style : 32 temps - 2 murs

Niveau : intermédiaire

Musique : **He's my little Jalapeno - Scooter LEE - BPM 180**

Traduit et préparé par Irène COUSIN, Professeur de Danse - 3 / 2015

Chorégraphies en français, site : <http://www.speedirene.com>

### Introduction : 16 + 32 = 48 temps

*HEEL STRUTS, HEEL DROPS, CROSS, UNWIND 1/2 TURN RIGHT, HEEL TWISTS, CLAP*

- 1& *HEEL STRUT G avant* : pas talon G avant - *DROP* : abaisser pointe PG au sol
- 2& BOUNCE talon G - BOUNCE talon G
- 3& *HEEL STRUT D avant* : pas talon D avant - *DROP* : abaisser pointe PD au sol
- 4& BOUNCE talon D - BOUNCE talon D
- 5.6 CROSS BALL PG à D du PD - UNWIND . . . 1/2 tour D (finir appui 2 pieds) , talons vers G ✓
- 7&8& TWIST des talons à D ↘ - à G ✓ - à D ↘ - **HOLD + CLAP**

*CAJUN JOGS FORWARD & CLAP, BACK SKIPS & FORWARD STOMP, HOLD*

- 1&2 *3 pas avant* : pas PG avant - pas PD avant - pas PG avant (en appui sur BALLS)
- & HOP sur PG , genou D devant + **CLAP**
- 3&4 *3 pas avant* : pas PD avant - pas PG avant - pas PD avant (en appui sur BALLS)
- & HOP sur PD , genou G devant + **CLAP**
- 5& petit CROSS PG derrière PD - HOP sur PG , genou D devant
- 6& petit CROSS PD derrière PG - ROCK BALL PG derrière
- 7.8 STOMP PD sur diagonale avant D ↗ , genou D plié (appui PD) - **HOLD + CLAP**

*CROSS ROCKS & PADDLE TURN-LEFT*

- 1&2 CROSS ROCK STEP G devant PD , revenir BALL PD derrière - petit pas PG côté G
- 3&4 CROSS ROCK STEP D devant PG , revenir BALL PG derrière - petit pas PD côté D
- 5& CROSS ROCK STEP G devant PD , revenir BALL PD derrière , avec 1/4 de tour G
- 6& petit pas vers G , 1/4 de tour G - appui sur BALL PD arrière
- 7& petit pas vers G , 1/4 de tour G - appui sur BALL PD arrière
- 8 petit pas vers G , 1/4 de tour G

*CROSS ROCKS & PADDLE TURN-RIGHT*

- 1&2 CROSS ROCK STEP D devant PG , revenir BALL PG derrière - petit pas PD côté D
- 3&4 CROSS ROCK STEP G devant PD , revenir BALL PD derrière - petit pas PG côté G
- 5& CROSS ROCK STEP D devant PG , revenir BALL PG derrière avec 1/4 de tour D
- 6& petit pas vers D , 1/4 de tour D - appui sur BALL PG arrière
- 7& petit pas vers D , 1/4 de tour D - appui sur BALL PG arrière
- 8 petit pas vers D , 1/4 de tour D



# Louisiana Hot Sauce

## (My Little Jalapeno)

Choreographed by **Joanne BRADY**, Hockessin, DE / **Gordon ELLIOTT**, Sydney, Australia  
**Max PERRY**, Florence, KY / **Jo THOMPSON**, Nashville, TN

Description : 32 count, 2 wall, Intermediate Line Dance

Music : **He's my little jalapeno by Scooter LEE** (Honky Tonk Twist Album)

Down At The Twist And Shout by Mary Chapin Carpenter

### HEEL STRUTS, HEEL DROPS CROSS, UNWIND 1/2 TURN RIGHT, HEEL TWISTS, CLAP

- 1& LEFT heel forward; Drop LEFT toe lifting LEFT heel & bending LEFT knee
- 2& Drop LEFT heel to the floor twice shifting weight to LEFT foot
- 3& RIGHT heel forward; Drop RIGHT to lifting RIGHT heel & bending RIGHT knee
- 4& Drop RIGHT heel to the floor twice shifting weight to RIGHT foot
- 5 Cross LEFT over Right, placing ball of LEFT foot on floor
- 6 Unwind by turning Right 1/2 and shifting weight to LEFT foot with feet part
- 7&8& With weight on balls of both feet twist heels Right, Left, Right - Clap hands

### CAJUN JOGS FORWARD & CLAP, BACK SKIPS & FORWARD STOMP, HOLD

- 1&2 With weight mainly on balls of feet, step forward LEFT, RIGHT, LEFT
  - & Lift RIGHT knee & hop on LEFT foot clapping hands
  - 3&4 With weight mainly on balls of feet step forward RIGHT, LEFT, RIGHT
  - & Lift LEFT knee and hop on RIGHT foot clapping hands
  - 5& Step back LEFT crossing slightly behind Right - Hop on LEFT foot lifting RIGHT knee
  - 6& Step RIGHT back crossing slightly behind Left - Rock back on ball of LEFT foot
  - 7.8 Stomp RIGHT to Right forward diagonal bending RIGHT knee with weight over RIGHT foot - Hold
- (Optional: Arms out to sides, palms down on count 7)*

### CROSS ROCKS & PADDLE TURN-LEFT

- 1 Cross LEFT in front of Right rocking onto LEFT bending both knees
  - &2 Replace weight back to RIGHT straightening both legs - Small step LEFT to Left side
  - 3 Cross RIGHT in front of Left rocking onto RIGHT bending both knees
  - &4 Replace weight back to LEFT straightening both legs - Small step RIGHT to Right side
  - 5 Cross LEFT in front of Right rocking onto LEFT bending both knees
  - & Replace weight back to RIGHT straightening both legs
  - 6 Small step LEFT to Left side turning /14 Left starting a Left paddle turn
  - & Continuing Left paddle turn with RIGHT foot slightly behind LEFT, step on ball of RIGHT foot
  - 7 Replace weight to LEFT foot continuing Left turn
  - & Left paddle turn with RIGHT foot slightly behind Left, step on ball of RIGHT foot
  - 8 Replace weight to LEFT foot completing paddle turn
- (You are now facing the same wall you were when you did the cross rocks)*

### CROSS ROCKS & PADDLE TURN-RIGHT

- 1 Cross RIGHT in front of Left rocking onto RIGHT bending both knees
  - &2 Replace weight back to LEFT straightening both legs - Small step RIGHT to Right side
  - 3 Cross LEFT in front of Right rocking onto LEFT bending both knees
  - &4 Replace weight back to RIGHT straightening both legs - Small step LEFT to Left side
  - 5 Cross RIGHT in front of Left rocking onto RIGHT bending both knees
  - & Replace weight back to LEFT straightening both legs
  - 6 Small step RIGHT to Right side turning /14 Right starting a Right paddle turn
  - & Continuing Right paddle turn with RIGHT foot slightly behind LEFT, step on ball of LEFT foot
  - 7 Replace weight to RIGHT foot continuing Right turn
  - & Right paddle turn with LEFT foot slightly behind Right, step on ball of LEFT foot
  - 8 Replace weight to RIGHT foot completing paddle turn
- (You are now facing the same wall you were when you did the cross rocks)*

<http://www.parishcountry.com/lineF-L/louisianahot.htm>