

WAKIN' TRACKS



Chorégraphe : Jo THOMPSON - Highlands Ranch, COLORADO - USA / Mars 2000

LINE Dance : 32 temps - 2 murs

Niveau : débutant

Musique : **Baby please come home - Scooter LEE - BPM 130**

Traduit et préparé par Irène COUSIN, Professeur de Danse - 2 / 2014

Chorégraphies en français, site : <http://www.speedirene.com>

Introduction : 16 temps, commencer sur le mot " Day "

KICK LINE : *SIDE STEP, KICK, SIDE STEP, KICK, SIDE STEP, KICK, SIDE STEP, KICK*

- 1.2 pas PD côté D - KICK CROSS PG devant PD ↗
- 3.4 pas PG côté G - KICK CROSS PD devant PG ↖
- 5.6 pas PD côté D - KICK CROSS PG devant PD ↗
- 7.8 pas PG côté G - KICK CROSS PD devant PG ↖

VINE RIGHT WITH KICK, VINE LEFT WITH KICK

- 1.2.3 *VINE à D* : pas PD côté D - CROSS PG derrière PD - pas PD côté D
- 4 KICK CROSS PG devant PD ↗
- 5.6.7 *VINE à G* : pas PG côté G - CROSS PD derrière PG - pas PG côté G
- 8 KICK CROSS PD devant PG ↖

SIDE STEP, CROSS BEHIND, CHASSE 1/4 TURN, 1/4 TURN CHASSE, BACK ROCK

- 1.2 pas PD côté D - CROSS PG derrière PD (2 temps de VINE à D)
- 3&4 *SHUFFLE D latéral* : pas PD côté D - pas PG à côté du PD - 1/4 de tour D.... pas PD avant
- 5&6 *SHUFFLE G latéral* : 1/4 de tour D.... pas PG côté G - pas PD à côté du PG - pas PG côté G
- 7.8 ROCK STEP D arrière , revenir sur PG avant

DIAGONAL STEP TOUCHES FORWARD, DIAGONAL STEP TOUCHES FORWARD

DIAGONAL STEP TOUCHES BACK, DIAGONAL STEP TOUCHES BACK

- 1.2 pas PD sur diagonale avant D ↗ - TAP PG à côté du PD
- 3.4 pas PG sur diagonale avant G ↖ - TAP PD à côté du PG
- 5.6 pas PD sur diagonale arrière D ↘ - TAP PG à côté du PD **
- 7.8 pas PG sur diagonale arrière G ↙ - TAP PD à côté du PG **

**** Option : sur les murs 4, 10 et 12, remplacer par :**

- &5 JUMP arrière syncopé : PD et PG (pieds légèrement écartés)
- 6.7.8 HOLD sur 3 temps ou 3 ROLL HIPS

Makin' Tracks



TYPE	2 Wall Line Dance	RATING	Beginner
COUNT	32	STEPS	34
CHOREOGRAPHER	Jo THOMPSON - Highlands Ranch, Colorado Website: http://www.jothompson.com		
SOURCE	Janice Graves - Orange City, FL (3/12/2000)		
MUSIC	Baby, please come home by Scooter LEE		
NOTE	Start on the word "Day". The first 16 counts are done in kick-line formation. Hands will be placed on the person's shoulders on either side of you. Do not wrap arms all the way around their neck! Your Right hand will be on the left shoulder of the person to your right and your Left hand will be on the right shoulder of the person to your left. Their hand will be on your shoulders as well.		

KICK-LINE: STEP, KICK ACROSS, STEP, KICK ACROSS, REPEAT

- 1, 2 Step RIGHT to right side; Kick LEFT across in front of Right
- 3, 4 Step LEFT to left side; Kick RIGHT across in front of Left
- 5, 6 Step RIGHT to right side; Kick LEFT across in front of Right
- 7, 8 Step LEFT to left side; Kick RIGHT across in front of Left

KICK-LINE: VINE RIGHT 3, KICK ACROSS, VINE LEFT 3, KICK ACROSS

- 9, 10 Step RIGHT to right side; Step LEFT crossed behind Right,
- 11, 12 Step RIGHT to right side; Kick LEFT across in front of Right
- 13, 14 Step LEFT to left side; Step RIGHT crossed behind Left
- 15, 16 Step LEFT to left side; Kick RIGHT across in front of Left

VINE RIGHT 2, 2 TRIPLES TURNING 1/2 RIGHT, ROCK BACK, RECOVER

- 17, 18 Releasing hands on shoulders, step RIGHT to right side; Step LEFT crossed behind Right
- 19 & 20 Step RIGHT to right side; Step together with LEFT; Turn 1/4 on Left and step forward with RIGHT
- 21 & 22 Turn 1/4 on Right and step LEFT to left side; Step together with RIGHT; Step LEFT to left side
- 23, 24 Rock back on ball of RIGHT; Recover weight forward to LEFT

DIAGONAL STEP TOUCHES FORWARD, DIAGONAL STEP TOUCHES BACK

- 25, 26 Step RIGHT forward to right 45° angle; Touch LEFT beside Right and clap hands
- 27, 28 Step LEFT forward to left 45° angle; Touch RIGHT beside Left and clap hands
- 29, 30 Step RIGHT back to right 45° angle; Touch LEFT beside Right and clap hands
- 31, 32 Step LEFT back to left 45° angle; Touch RIGHT beside Left and clap hands

Option: just for fun, if you want to hit an accent in the music (what we call hitting the breaks) on repetitions 4, 10, & 12 of the dance, during the above 8 counts, jump back RIGHT, LEFT putting feet apart on counts &5. Hold counts 6-8 (or roll hips).

BEGIN DANCE AGAIN

ENDING :

The dance will finish with the vine right 3, kick across with LEFT. There will be one more count after that in which you will stomp LEFT forward to LEFT 45 degree angle, leaning body in that direction, releasing hands from shoulders, placing LEFT hand low, palm up, in front of you to that angle and RIGHT hand high up, palm up, behind you along that same angle. *Ta-daaa!!*

[http://www.country-time.com/archives/arch/ld/m/makin_tracks_\(jot\).htm](http://www.country-time.com/archives/arch/ld/m/makin_tracks_(jot).htm)